

# DSXfitness



DSX Fitness have the latest equipment for running, cycling and weights. Fully trained staff will be on hand to offer full support suited to your personal goals and abilities. Everyone welcome.



TREADMILLS



CYCLING



WEIGHTS



MINI CIRCUITS



INTERVAL TRAINING



LEGS BUMS AND TUMS



SHOWERS

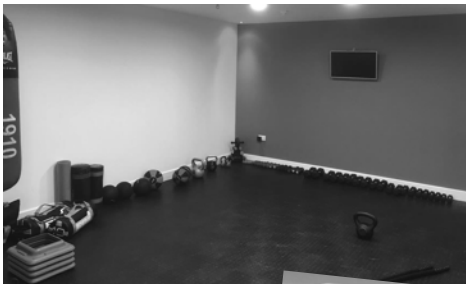


FREE WIFI



FREE PARKING

## New Fitness Studio now open



**TANNING**  
**£1 per 2 mins**



**OPEN 7 DAYS A WEEK**  
**MON-FRI: 6am-10pm**  
**SAT-SUN: 8am-6pm**

**DSX Fitness**  
**01489 899516**  
**dsxfitness.co.uk**

**Free Street**  
**Bishop's Waltham**